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(54) Title of the invention : SYSTEM AND METHOD FOR PERSONALIZED HEALTH AND WELLNESS SERVICES

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(57) Abstract :
The system (100) offers personalized health and wellness services through a data collection module (104) integrating data from various sources (102) into an individual's health profile. An analysis module (106) employs advanced algorithms for customized recommendations and interventions (108). A user interface (110) enables access to health profiles and progress tracking, with personalized guidance from the analysis. The real-time data-synced dashboard (112) empowers stakeholders with the latest health insights for informed decisions and interventions. This system gives recommendations based on each individual's health profile, accessible via websites, apps, or devices. It uses data analytics for proactive interventions, includes social media and public data, and incorporates a feedback mechanism. Additionally, the analysis module identifies patterns, and a real-time data-synced dashboard ensures stakeholders access the latest health insights for informed decisions and interventions.

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