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(57) Abstract :

The present disclosure relates generally to compositions for management of urolithiasis. More specifically, the disclosure is directed to a functional beverage composition for nephroprotective effect against urolithiasis comprising Dolichos biflorus, Phyllanthus emblica L., Ocimum tenuiflorum L, green tea leaves, Withania somnifera, Foeniculum vulgare Mill, and stevia. The composition reduces the calcium and oxalate content in urine and plasma of a subject. The present disclosure further provides a process of preparing the composition.

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