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## (54) Title of the invention: MONITORING SYSTEM FOR SUBJECT

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## (57) Abstract:

The present disclosure relates to a system to monitor a subject, the system 100 includes a Virtual Reality (VR) headset 102 configured to generate a first set of signals, and where the first set of signals pertain to simulated questionnaire associated with the subject, a monitoring unit 104 operatively coupled with the VR headset 102, the monitoring unit 104 being worn by the subject to monitor one or more physiological attributes based on the simulated questionnaire, and correspondingly generate a second set of signals. The system 100 includes a processing unit 106 operatively coupled with the VR headset 102, where the processing unit 106 facilitates the simulation of VR headset 102based on the simulated questionnaire attributes, and monitor the one or more physiological attributes of the subject. The VR headset 102 transmits the first set of signals and the second set of signals to the processing unit 106.

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